User guide
**BMJ Clinical Evidence**  
*Helping you make better treatment decisions for your patients*

*BMJ Clinical Evidence* is the international source of the best available evidence for effective healthcare. We support the clinical decision making of hundreds of thousands of clinicians around the world by providing access to the latest medical evidence, continually updated, to help make treatment decisions.

Our panel of experts and specialist writers rigorously check and then summarise the most relevant evidence in a quick and easy to find format. Our reviews concentrate on summarising the evidence in relation to common clinical problems, to ensure that we provide solutions that are relevant to your patients.

The development and improvement of *BMJ Clinical Evidence* is a constant process. Based on extensive customer feedback we have continued to develop *BMJ Clinical Evidence* so that it remains at the forefront of evidence based resources for clinical decisions.

Below are just some of the key features that you will discover:

- Systematic reviews covering over 3,000 clinical interventions
- 570 clinical questions answered
- Enhanced user interface
- Simple navigation
- Breaking research
- Drug safety alerts
- Links to key practice guidelines
- Single page summaries providing an instant overview

All of this is within a single, evidence based resource.

This user guide introduces you to the essential features of *BMJ Clinical Evidence*, and will help you get the most out of them.
Finding evidence

There are three ways to find the evidence you need: browse by section, browse the full review list, or use the search tool.
FINDING BY SEARCHING
This facility is particularly valuable when searching for a treatment or condition that may appear in several different reviews e.g. Corticosteroids. Results are returned in listings that show a snippet of text with your search term highlighted so you can gauge the context. Results are ranked by relevance with a clear pathway that identifies where the results are located.

FINDING BY LISTING
Click on the 'Full review list' heading and an alphabetical pop-up list of reviews will appear. By clicking on the alphabet bar at the top of this window you can easily access the available evidence.
Navigating around a review

Once you have located the review that interests you, BMJ Clinical Evidence presents the information with a tabbed sub-menu. This evidence has been selected by systematic and rigorous searching to answer clinical questions while focusing on outcomes that matter most to patients and clinicians. Each treatment or intervention is then categorised according to its benefits and harms.

The core evidence is supplemented by links, references, and additional information.
Interventions for each condition are summarised in a table. They are categorised by effectiveness, with icons for easy reference (see below).

**Reading the full text**

**Key to icons**
- Beneficial
- Likely to be beneficial
- Trade-off between benefits and harms
- Possibly beneficial
- Unknown effectiveness
- Likely to be ineffective or harmful
Additional resources

*BMJ Clinical Evidence* offers a variety of other resources to help keep you up-to-date and to help you practise evidence based medicine (EBM).

**EBM TOOLS**
These tools explain some of the statistical and clinical terms used in *BMJ Clinical Evidence* and introduce the concept of assessing and measuring risk when making clinical decisions.

**EBM LINKS**
Carefully selected links to other evidence based materials, publications, and organisations.

**DRUG INFORMATION**
Links to international sources of high-quality drug information.

**EBM TRAINING**
Free training modules on statistics and diagnostic tests.
News and alerts

*BMJ Clinical Evidence* helps you monitor what is happening in the sphere of evidence based medicine, and beyond, with a variety of tools that alert you to new content, findings, and news.

**Drug safety alerts**
The latest findings on drug safety feature prominently on the home page.

**RSS updates**
Subscribe to our RSS feeds and be notified of feeds as they occur.

**Email alerts**
Receive notification when new reviews or updates are added to *BMJ Clinical Evidence*.

**News**
The latest EBM related news.
BMJ Clinical Evidence

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